

## Vegan Cookie

### Function – egg replacer

Egg plays a number of roles in baking including binding moisture, contributing to structure, softness, richness and browning. The unique composition and functionality of BP80F ensures that egg can be removed with no compromise in many baked goods, adding a good serve of protein with some good fats and fibre.

Below is a prototype of a vegan cookie where 2 eggs have been substituted with BP80F mixed with water. The cookie has a light chewy texture with a crisp crust.



Ingredient	Quantity [g]
Vegan Butter, eg Nuttelex	227
Granulated sugar	100
Brown sugar	100
Black strap molasses	170
Baking soda	1 ¾ tsp
Salt	1 tsp
Cinnamon, ground	1 ¼ tsp
Cloves, ground	1 ¼ tsp
Cardamom, ground	1/8 tsp
Ginger, ground	1 tsp
BP80F lupin protein	30
Water	60
Plain flour	420
Demerara sugar (to roll)	

## Method

- Preheat the oven to 175°C. Line with baking paper on two baking sheets.
- Combine BP80F and water in small bowl – should be similar consistency to eggs
- In a large mixing bowl, cream the butter, sugar and brown sugar until they're light and fluffy.
- Add the molasses, BP80F/water mix, baking soda, salt, and spices, beat welling and scraping down the sides of the bowl to make sure everything is incorporated.
- Stir in the flour.
- Scoop the soft dough into 1 1/2" balls; a tablespoon cookie scoop works well here.
- Roll them in demerara sugar.
- Press balls of dough slightly flat using the bottom of a glass covered in baking paper. Cookies don't spread much when cooked.

- Bake them for 12 minutes. The centres will look soft and puffy; that's OK.
- Remove the cookies from the oven and cool them on the pan for 10 minutes before transferring them to a rack to cool completely.

<b>NUTRITION INFORMATION</b>		
Servings per package: 6		
Serving size: 50 g		
	Average Quantity per Serving	Average Quantity per 100 g
Energy	774 kJ	1550 kJ
<b>Protein</b>	<b>3.2 g</b>	<b>6.4 g</b>
Fat, total	6.8 g	13.5 g
- saturated	1.8 g	3.7 g
Carbohydrate	26.8 g	53.5 g
- sugars	13 g	25.9 g
Sodium	274 mg	548 mg